



## Fresh Fruit Kebobs

with low fat yogurt dipping sauce

**"Head Chef" tools needed for recipe:**  
Whisk and your hands!



### Ingredients:

Kebab sticks  
1 bunch greens grapes  
1 can sliced pineapples  
3 bananas  
pint low fat plain yogurt  
1 teaspoon cinnamon sugar  
2 teaspoon vanilla extract  
1 teaspoon granulated sugar

### Directions

To make kebobs, carefully push kebob skewers through the fruit in any design that you please. In a mixing bowl combine yogurt, both sugars, vanilla extract and Whisk together and dip your kebob for a delicious snack.

