

SECRETS FROM OUR KITCHEN



125 BROADWAY, ORANGEVILLE, ONTARIO
519-942-5908
www.kitchentotable.com

Everyone loves a picnic!



It seems the pleasure of a picnic is universal. In this issue of Secrets From Our Kitchen, we encourage you to grab your picnic

basket, your favourite blanket, and some of your favourite people, and head to the beach, the park or even your own backyard, and celebrate one of life's great pleasures: a picnic.

A picnic can be as simple or as elaborate as you want. It can simply be a bottle of wine, some great cheese, and a loaf of bread, or it can be an elaborate feast that is best shared with large groups.

This month our Product of the Month, Frigoverre storage containers, are the ideal way to

pack up your picnic in style (and they're great all year round, as well). And be sure to check out the great new gadgets we're featuring in our Kitchen Toys section.

In honour of summer in Ontario, and the great tradition of the summertime picnic, we're pleased to present some tips for the perfect picnic, some great places to picnic in the Hills of Headwaters region (Albion Hills, Mono Cliffs Park, Island Lake, to name just a few), and of course, some of our favourite picnic recipes.

It's August in Ontario, so pack up your picnic basket and head outside! Bon appetite!

Sigrid Wolm

SUMMERFEAST

August 17th to September 4th

Experience some of our region's finest cuisine during Summerfeast in the Hills of Headwaters. Nine participating restaurants offer fantastic gourmet menus at reduced prices. Downtown Orangeville's White Truffle (just a few doors west of our store) is one of this year's Summerfeast restaurants, so be sure to book a reservation!

UPCOMING EVENTS

Saturday, August 15th

MILLCROFT INN & SPA CULINARY CLASSES

"Pasta Like a Pro" featuring Executive Chef Rob Fracchione. Sponsored by FROM THE KITCHEN TO THE TABLE.

2:00 pm -- The Millcroft Inn & Spa

August 17th to September 4th

Summerfeast in the Hills of Headwaters

Great menus & great pricing at some of the region's finest dining establishment.
www.summerfeast.ca

Wednesday, September 30th

Riedel Wine Tasting Event

One of our most popular annual events. Great discussion, great wine and great fun! Limited space. Book early to avoid disappointment.

Tickets \$25 each (refunded with your purchase of Riedel product).

AUGUST STORE HOURS

Mondays to Thursdays:

10:00 am to 5:30 pm

Fridays:

10:00 am to 7:00 pm

Saturdays:

10:00 am to 5:00 pm

Closed Sundays

Sign up for our monthly electronic newsletter for all the latest in kitchen trends & products, and for unique recipes and entertaining ideas.

Visit our website at www.kitchentotable.com to subscribe.



FUN KITCHEN TOYS

DID YOU KNOW.....

...A "picnic" ham is really not a true ham since it is cut from the upper part of the foreleg of a pig; whereas a true ham is cut from the hind leg!

...In Italy, Easter Monday is considered the country's favourite picnic day -- it is called "Angel's Monday" or Pasquetta ("Little Easter").

...A 600-mile-long picnic took place in France in the year 2000 to celebrate the first Bastille Day of the new millennium.

...It has been noted that the first table designed specifically for picnics (in a style similar to what we know today) appeared in the late 1800s.

...Following the French Revolution in 1789, royal parks were opened to the public, and picnicking became a popular activity for the newly enfranchised citizens.

...A fashionable group of Londoners started a Picnic Society in the early 19th century, and members were expected to share entertainment and refreshments.

...The origin of the word picnic is up for debate. Some say it is based on the French verb "piquer" which means to pick; which may go back to the tradition of this type of celebration being potluck in nature -- hence, picking from a selection of foods!

Tie one on in the kitchen!

Sometimes the most simple creations are the most useful! Trudeau's multi-use ties are ideal for tying up almost any type of bag. No need to search for throw away wire ties. These silicone ties come in sets of 8, and are dishwasher safe. A must for every household.

\$5.99 -- set of 8 ties



A little bit of kiwi sunshine this summer!



Enjoying a kiwi has never been easier than with Trudeau's Kiwi Cutter. One tool does it all: just cut and scoop. Featuring a serrated edge to cut through the rind and a scooped end to remove the flesh, this innovative stainless steel cutter fits easily into one hand. Dishwasher safe.

\$4.99 each

Grab on!

Trudeau's silicone pot pinchers are ideal for quickly grabbing hot plates or pot lids. Heat resistant to 482°F and dishwasher safe, these are great little things to have handy in your kitchen.

Available in red, green & blue.

\$4.99 -- set of 2



Flipper dispensers pop & shake!



These innovative dispensers from Trudeau are easy to use: simply press down on the lid and listen for the "pop" to know that the product is ready to dispense. Glass container with plastic lids keep spices dry and oils fresh for longer. Collection includes salt, pepper, sugar, parmesan cheese, oil & vinegar bottles.

From \$3.99 each



PRODUCT OF THE MONTH - Frigoverre Kitchen Containers

frigoverre
fun!



Food storage has never been such fun.

Frigoverre Fun, the Bormioli Rocco line of glass food storage containers, combines pleasure with practicality.

The Frigoverre Fun collection is decorated with a lively floral motif that looks great in the fridge and in the cupboard. But it would be a shame to keep them shut away in the refrigerator: their youthfully cheerful design goes perfectly at a picnic with friends, for a quick lunch break, or even directly to the table as serving dishes.

Thanks to its soft edges, the cover adheres perfectly to the rim, guaranteeing optimal sealing: foods stay fresh and no odours escape. The transparent window in the cover means the contents are always clearly visible.

Frigoverre containers can be used in the freezer, in the refrigerator or in the microwave. Dishwasher safe, the Frigoverre system is as practical as it is pretty!

All containers in the collection – available in three models and three different colours – can be stacked inside one another to save space and have a special easy-opening system. And on the surface of each container is a space where you can place your own notes to identify what's in each!

The Frigoverre glass storage collection is the most hygienic and functional food storage system on the market. Drop by the store and see for yourself.





Planning your picnic menu!

Casual and fun -- those are the key elements of a picnic! Your menu should reflect this theory. No matter how many people will be at your picnic, remember that your food should reflect the mood of the day.

Consider food that is easily transportable, easy to eat, and lends itself to a pick-up-and-go attitude. Avoid foods that could spoil -- like mayonnaise, uncooked or processed meats, etc. Fried chicken, the mainstay of storybook picnics, works because not only is it delicious, but its easy to grab and eat, without a lot of cutlery or paraphernalia required.

When packing your picnic basket, consider food items that are prepared ahead of time and ready to go. Pre-made salads, raw vegetables, fruit pieces, pre-made sandwiches or wraps, cheese and crackers: all these work well because they require very little on site preparation.

Visit

www.kitchentotable.com

for:

Tips for the Perfect Picnic

Top Ten Reasons to Picnic

Words to Teddy Bear's Picnic Song

A list of places to picnic in the Hills of Headwaters

As well as some of our favourite picnic recipes:

Crispy Picnic Chicken

Summer Pasta Salad

Michele's Oatmeal Cookies

Corn Flake Candy Brittle

Sticks & Stones Snack

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All e-newsletter subscribers

(to August 30, 2009)

will be entered to win a \$50

From the Kitchen to the Table gift certificate.



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Price reductions based on regular list prices.
No rain-checks.